

ADOLESCENT SUBSTANCE ABUSE PROGRAM FY2000 FACTS

Massachusetts Department of Public Health, Bureau of Substance Abuse Services

PREVENTION PROGRAMS

Regional Prevention Centers

There are ten Massachusetts Prevention Centers across the state working together with communities to promote health and to prevent alcohol and other drug abuse problems, tobacco use, injuries, violence, HIV infection, sexually transmitted diseases, unintended pregnancy, and chronic diseases. The Prevention Centers work with groups such as: community coalitions, neighborhood clinics, YM/WCAs, youth groups, human service agencies, elder programs, school systems, religious organizations, and others. The centers assist these community groups to widen their network of community support, discover new resources, work with a wide variety of cultures, train others in community health strategies, brainstorm creative ideas, mediate and resolve conflict, and more.

In FY1999 the 10 Prevention Centers provided substance abuse and other prevention services to 188 communities in the Commonwealth. More than 1,600 community representatives participated in approximately 3,000 Prevention Center activities.

Massachusetts Inhalant Abuse Task Force

In 1995 the Task Force officially launched *A Breath Away: A Campaign to Prevent Inhalant Abuse* in response to reports of increased inhalant abuse among adolescents in the 1993 Triennial School Survey. *A Breath Away* is a statewide campaign designed to provide parents, teachers, healthcare workers and other youth-serving professionals with the most up-to-date information available on the prevention of inhalant abuse.

Massachusetts Collaboration for Action, Leadership, And Learning (MassCALL)

In 1998, Massachusetts received a Federal grant to develop a statewide Comprehensive Substance Abuse Prevention Strategy and Funding Plan and to support communities to implement and evaluate science-based programs to reduce alcohol, tobacco, marijuana and other drug abuse among youth ages 12-17. MassCALL provides funding to 25 sub-recipient communities to coordinate and conduct local prevention efforts based on empirically tested models.

Youth Programs

Youth programs target youth, up to age nineteen, who are at increased risk for alcohol and /or other drug-related abuse. The objective of youth programs is to promote the well being of youth by building on their strengths and by preventing substance abuse, HIV infection and related risk behaviors. In FY1999ⁱ, the 40 Youth Programs conducted over 16,275 activities, with 50,929 youth.

TREATMENT PROGRAMS

Acute Treatment Services

The objective of acute treatment services is to alleviate acute biomedical, emotional, and behavioral distress resulting from withdrawal from the use of alcohol or other drugs.

Youth Residential Services

Youth residential services provide short-term residential rehabilitative services to youth between the ages of fourteen and eighteen who need a supervised environment to strengthen their recently acquired sobriety. These programs include diagnostic, counseling, educational and pre-vocational, recreational and HIV/AIDS-related services.

Day Treatment

Day treatment programs provide intensive rehabilitation services to strengthen sobriety. These programs provide each client with a minimum of four hours of counseling, three times a week including individual, group and family counseling, relapse prevention, communicable disease prevention, case management, and encouragement of the use of self-help groups.

Outpatient Treatment

Outpatient counseling provides treatment for adults and adolescents, their families, and/or their significant others experiencing the dysfunctional effects of the use of alcohol or other drugs. Treatment includes assessment and treatment planning; individual, group, and family counseling; health education, including HIV/AIDS, STD, and TB prevention and treatment; and aftercare planning and referral.

CJC/TEAMs for Youth

The Criminal Justice Collaborative or TEAM (Teaching – Education – Awareness – Motivation) Programs bring together the criminal justice and substance abuse treatment systems. The Youth TEAM Programs consist of an assessment and a six-week psychoeducational session to foster cognitive changes in beliefs about substance abuse for youth. In addition, they provide support groups for parents.

CHINS

The Bureau of Substance Abuse Services (BSAS) funds five demonstration projects for youth between 11 and 16 years of age, for whom a CHINS petition has been filed. Services provided to youth and their families include assessment, intake and development of individual intervention service plans and family service plans, psychoeducational groups, youth intervention activities, family support services, substance abuse treatment, and communication with the probation board, the courts, the schools, and DSS where applicable.

Youth Intervention Programs

There are two youth intervention demonstration programs to address the needs of individuals, families and communities in the early stages of substance abuse problems. These programs are both youth/family centered and community focused, and offer a range of services such as youth intervention activities, family support services, substance abuse education, community capacity building, and parent peer support.

ⁱ FY1999 is the most recent year with complete data for Youth Programs.